

Cookery Club Chicken Curry

Ingredients

6 spring onions

3 garlic cloves

2 tbsp vegetable oil (school will provide)

200g tin chopped tomatoes

2 tbsp curry powder (school will provide)

1 tsp ground ginger (school will provide)

400g chicken breast, cut into 2.5cm/1in pieces

100ml/3½fl oz Greek-style natural yoghurt

salt and pepper (school will provide)